

# STANFORD WALTZ WEEK

		Monday	Tuesday	Wednesday	Thursday	Friday
9:00	Main	Joan- Intro to week	Joan- Stretches and Body Prep for the day			
9:30	Main	Richard - Cross-Step Waltz, basic and variations				
to 10:40	52	Anne - Salsa, basics and variations			Jodi - Salsa	
10:50	Main	Joan - Mastering Waltzing, with a different waltz form each day				
to	52	Anne - West Coast Swing			Matthew - Honkey Tonk Two Step	
12:00	42	Jodi - Swing Musicality - interpreting music in East Coast Swing				
1:30	Main	Richard - The Outer Reaches of Waltz				
to	52	Monica & Ryan - Hesitation Waltz, ragtime Fox-Trot, and Jazz Era Waltz				
2:30	42	Matthew - Argentine Tango & Valse				
2:45	Main	Ari & Jodi - Fusion Waltz, mixing it up with other social dance forms				
to 3:45	52	Ryan & Monica - Fast Track to Lindy Hop, basics to variations				
4:00	Main	Joan - Waltz and Mazurka Waltz variations				
to 5:00	52	Ari & Jodi - Blues and Night Club Two-Step				
8:30	Main	Informal dance	Grand Concert	Informal dance	Off night	Closing Ball