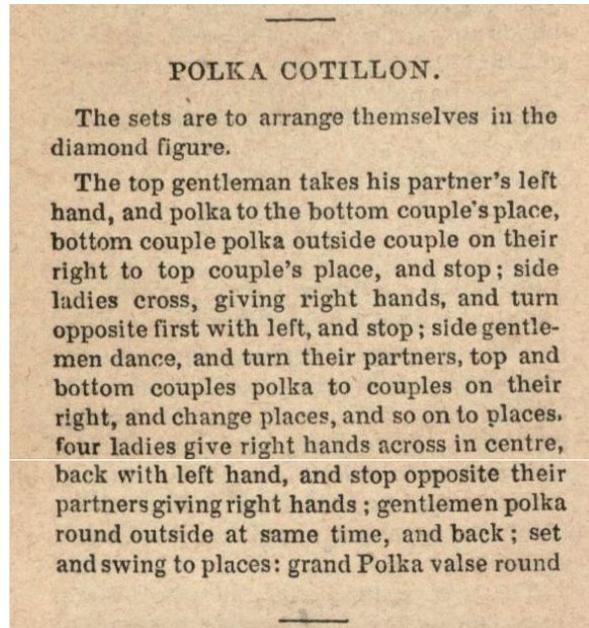


1852 POLKA COTILLON

From J. Seaton, THE BALL-ROOM MANUAL AND ETIQUETTE OF DANCING, 1852

One possible interpretation, by Richard Powers



Quadrille formation, which is sometimes described as a diamond formation.

bars

- 8 Top gent takes his partner's L hand with his R to advance to the opposite side (recommended footwork: face-to face, back-to-back, face-to face, back-to-back, then do a turning polka to end facing in), as at the same time the bottom couple does a turning polka around the outside of the set, traveling behind the couple to their right, to end in the top couple's place.
- 8 Side ladies cross over giving each other R hands (recommended footwork: 2 polka steps, R&L, to take hands, then double heel-toe R), then turn the opposite gent by the L hand with 4 polka steps, to end facing in, as in a Ladies Chain.
- 8 Side gents advance to the opposite side (recommended footwork: heel-toe-polka L, then the same R, with folded arms), then turn partner by the R hand with 4 polka steps, ending facing in on the diagonal.
- 4 Head couples face to the right diagonal as side couples face to the left, to turn that vis-à-vis halfway by two hands, falling back into their place, 4 polka steps. The lady is briefly on the left side facing in.
- 4 Repeat to the next diagonal couple, ending with all in original places.
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- 4 Four ladies right hands across (star), as the gents polka around the outside of the set to their right.
- 4 Ladies left hands back, as the gents return to places.
- 4 Ladies keep L hands, partners take R hands and balance in a star.
- 4 Swing partners by the R hand into places.
- 16 All polka around the set. Possibly do one heel-toe then 3 polka steps, repeated on alternate feet.

Repeat the Cotillion beginning with Couple 2 crossing over. Repeat with Couples 3 then 4 commencing.