

CHARLESTON KICK VARIATIONS

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CHARLESTON KICKS

Leads:

Rock-step back L.

Step fwd R.

Kick L forward with a downward body motion.

Step forward L.

Kick R forward with a downward body motion.

Hitch the R back keeping it low in the air.

Touch the R toe backwards.

Lower the R heel.

Follows mirror this, starting with a rock-step back R.

You can **enter** into Charleston Kicks from Lindy Circle, letting go of hands at the end of the Lindy Circle.

You can **exit** Charleston Kicks with the Lead offering his L hand and initiating another Lindy Circle.

Or with a straight send-out to swingout position. Or anything else that begins with a rock step.

SKIP-UP is sometimes called "L.A. Style Swing." Yes, it's common in Los Angeles. Sometimes it's also confusingly called Bal-Swing, meaning Balboa-Swing. That's confusing because swing moves are indeed done in Balboa, with the Balboa step, called Bal-Swing, and that's **very** different from Skip-Up.

SKIP-UP

Begin a Charleston Kick but take hands in front.

Rock step on 1-2.

On ct. 3, kick diagonally in toward your partner, letting her kick R between his legs.

On ct. 5, kick diagonally away from your partner, then step on that foot on ct. 6.

On ct. 7 repeat ct. 3, freezing on ct. 7.

Continue by rocking back on the next count 1, into whatever the next step will be.

LONG SKIP UP is just that. You can cross the floor with this one.

CIRCUMNAVIGATING

The Lead can travel forward with Skip-Up while the Follow dances it quietly in place. This makes the Lead travel CW around the Follow, who stays mostly on place. Or the Follow travels CCW around the Lead, who stays mostly in place. This is very common in L.A. Style Swing.

LIFT AND SLIDE

This is surprisingly leadable, if the Follow has ever done it before, and if well led.

Begin with a Charleston Kick:

- 1) Rock back
- 2) Replace
- 3) Kick forward with a downward body motion
- 4) Step forward
- 5) Kick the other step forward, but the Lead brings that kicking step higher.
- 6) Hold, turning to face partner.
- 7) Strongly step (slide) the rear foot back to place. Side steps are the easiest to lead, to a backing step, which is why you face your partner before the slide.

CROSS-OVER AND LUNGE

- 1-2 Rock-step,
- 3 Kick outside foot forward, starting to cross over the inside foot.
- 4 Step on outside foot crossed over
- 5-6 Rock back inside foot, replace fwd
- 7 Lunge fwd onto inside foot

COMBINE THESE TWO!