

## Historic and Vintage Dances

taught by Richard Powers  
1800 to 1980

Earlier dances are listed separately

### Single-Couple Dances

Regency Waltzing  
Mid-19th Century Waltz  
1830s Vienna Waltzes  
4 kinds Valse à Deux Temps  
Leap Waltz / Sauteuse  
Redowa  
Polka Redowa  
Polka Mazurka & Koska Carlowitzka,  
La Gitana, Zingerilla, Varsouvienne  
Cellarius Mazurka Waltzes  
The Kirov Waltz Variations

1880s New Waltz  
Boston waltz  
Yorke & Newport  
New Yorkes  
Bowdoin, Glide, La Russe

1829 Original Gallopade  
Gallopade, Figure-8 galop

1844 Polka  
Two-Step / Reverse  
Pursuit & Coquette  
Philadelphia Hop Waltz  
Esmeralda & Four-slide  
Bohemian & Zulma  
Cross-Step polka  
Allemande & Cross-hand  
Hungroise & Redowa

Bohemian National Polka  
Romany Polka  
Banjo Polka sequence  
Esmeralda Polka sequence  
Bonnie Polka

1850 Schottisch & variations  
Military Schottische & var.  
Redowa Schottische  
Columbia, Bronco  
Dodworth's Bolero Schott.

Five-Step Waltz, variations  
Five-Step Mazurka Waltz  
Danish Dance  
The Union Dance  
L'Agile

L'Alexandria  
La Madrillaine  
Agatha Waltz

### Figured and Set Dances

1802 Congo Minuet  
1802 Constitution Cotillion  
1799 La Coquette Cotillion

Scotch Eightsome Reel  
Scotch 6-Hand Reel

Grand March figures  
Frantisek Bonus's Polonaise  
Grand Polonaise

Mazurka Steps  
Freestyle Mazurka Figures  
Cellarius 1847 Mazurka Quadrille  
Russian Mazurka Quadrille

Regency French Quadrille  
Regency Duval's Lancers Quadrille  
French Quadrille  
Lancers Quadrille  
Durang's Lancers Quadrille  
Kitchen Lancers  
Sociable Quadrille  
Caledonian Quadrille  
Royal Horse Guard Quadrille  
Prince Imperial Quadrille

1828 Royal Spanish Quadrille  
Partners For Life Wz Quadrille  
1856 Queen's Wz Quadrille

1844 Royal Polka Quadrille  
Monterey Polka Quadrille  
1852 Polka Cotillion  
Triplet Polka Quadrille  
Cancan Polka Quadrille  
Quadrille Français des Bals Publics

Philadelphia Schottische Quadrille  
Phila. S.Q. Performance Version  
Junior Schottische Quadrilles  
Sociable Schottische Cotillion

Webster's Triplet Galop Quadrille  
My Triplet Galop Quadrille  
1834 Quadrille Allemande  
1862 Cazorti  
Basley's Galopade Quadrille  
Canon Galopade Quadrille

Old Dan Tucker, Nine-Pin Quadrilles  
Skittle Nine-Pins Quadrille  
1886 Le Carillon mixer

German Parlor Cotillions  
Waltz Cotillion  
Triangle Waltz Cotillion

### Longways Sets

1802 Duke of Kent's Waltz  
1810 Kitty Kick-away  
1819 Amateurs and Actors  
1807 Young Widow  
1819 Forest of Bondy  
1810 Prince Dolgorucki  
1809 Queen Pulkawalka Wz  
1825 Ecossaise  
1819 Mescolanzas  
1818 Swedish Dance  
1828 Tyrolese Dance  
Sir Roger de Coverly  
Virginia Reel  
Waltz Virginia Reel  
Norwegian Country Dance, Saros  
Original Rustic Reel  
My Rustic Reel  
La Tempete  
Moskva  
Sicilian Circle  
1855 California Reel  
1857 La Vesta "Persian"  
Queen Victoria, Wz C. Dance  
Hull's Victory  
Chorus Jig  
Rory O'More  
Danse Ecossaise (a Mescolanzas)  
1858 Narragansett Waltz  
1852 Original Polka Country Dance  
1864 Polka Country Dance  
Jenny Lind Polka Contra  
Layland's Polka Contre  
Fireman's Dance  
Spanish Dance  
La Guaracha  
The Swiss Dance  
The Gothic Dance  
Money Musk

continued...

## Ragtime Era Dances

Ragtime One-Step variations  
Grizzly Bear / Turkey Trot  
Other Animal Dances  
1915 Dancing Masters One-Step  
Castle Walk  
Ragtime Paul Jones Mixer  
Cake Walk steps  
1899 Cake Walk Quadrille  
  
1914 Parisian Tango  
1914 Buenos Aires Tango  
American One-Step Tango  
Early Tango improvisation  
Sawyer's Persian Gardens Tango  
Skaters Tango  
Puzzle Steps in Tango  
Viper Tango  
  
Castles & Early Fox-Trots  
1915 Masters Fox-Trot  
1919 Yearning (Zig Zag) Saunter

Hesitation Waltz  
Half and Half (5/4 time)  
Advanced Half and Half  
Moderation (7/4 tango)  
Castle Schottische  
Beale Street Blues  
1910 Texas Tommy

## Jazz Age Dances

Charleston Variations  
Collegiate Charleston  
1920s Toddle  
1920s Blues, Camel Walk  
Peabody  
1930s Royal Boston Waltz  
Cross-Step Boston Waltz

1920 Tangorita Tango  
1922 Royal Empress Tango  
1924 Tango Creole  
Square, Elizabeth (Hawaii) Tango  
Midnight, Lola, Camellia Tango  
Tango Fascination  
1930s Hollywood Rio Tango  
Maxixe 1, Maxixe 2, Combo

1920s Parisian Java  
1922 Samba  
1919 Scottisch Espagnole  
1920s Paso Doble, Milonga

1929 Lindy Hop  
1930s Lindy Hop  
  
1930 Moochi  
1930s Savoy Walk  
Early Shag variations  
Original 1937 Big Apple  
Fred & Ginger dances  
1937 Lambeth Walk  
1938 Palais Glide, Hot Pretzels  
Frankie Manning's Shim Sham

## English Sequence Dances

1900 Veleta, Veleta Mixer  
1896 St. George's Waltz  
Gattopardo Mazurka Mixer  
Boston Two-Step  
Eva Three-Step  
Marine Four-Step  
Over The Top  
Waltz Superbe  
1912 Empress One-Step  
1917 Lulu Fox-Trot  
Dream Waltz & Mixer  
Zig Zag (Yearning) Saunter  
1919 Bradford Barn Dance  
Lingering Blues  
L.A. Blues  
Waverly Two-Step  
Killarney Waltz  
Dutch Foursome  
Military Parade Two-Step  
Premier Two Step  
Australian Swing Waltz  
Salty Dog Rag (American sequence)

## Mid-20th Century Dances and Later

1950s Rock'n'Roll swing  
1950s Bop  
1956 Stroll  
1957 Chalypso  
1963 Bossa Nova  
Bossa Nova Rápido  
1970s Disco

## Line Dances

1958 Madison  
1960 Hully Gully  
1961 Continental Line Dance  
1975 Bus Stop  
1976 Hot Chocolate  
Disco Duck Line Dance  
Electric Slide  
Night Fever Line Dance  
Moonlight Wz Line Dance  
Charleston Madison  
Jo'n'Jo Tango Line Dance  
Evolution of Line Dances  
Crusin' ChaCha Line Dance  
Moonshadow Waltz Line Dance  
Peabody Line Dance  
Mambo Rock Line Dance  
Tokyo Polka  
Mambo Rock  
DDR Line Dance  
Cupid Shuffle  
Sweet Sixteen Line Dance  
Midnight Waltz Line Dance  
Chalypso Line Dance