

# 1928 LINDY HOP

As danced by Shorty Snowden and fellow Savoy Ballroom dancers in the late twenties.

Music: Charleston or 1920s classic jazz, 4/4 time, approximately 100 bpm.

Formation: Couples in closed Ballroom position (the man may hold her R hand close to his left kidney).

**Basic Charleston Lindy Step** Counts 1-2: He steps side L. Ct 3: cross R closely behind L, rocking back on it. Count 4: Return weight to L foot in place. S-QQ timing. Repeat to the other side, beginning side R. Woman begins with side R. This may slightly turn in place clockwise or CCW.

**Turning Basic:** Turn as a couple a full rotation clockwise. On count 1, she steps straight forward R, between his feet, in Closed Position. The lady no longer rocks behind on counts 3-4, but does two quick running steps traveling around him, side L and slightly crossing R over L. Her 2nd bar is the Basic above, with the rock step.

**Push-Pull** On counts 7-8 (rock step), push back away from partner with hands, keeping other arms in Closed Position.

**Sidekick** Same as the Push-Pull, but the man kicks his L foot out to the left side on count 7 instead of doing the rock step.

**Heel Rock** On counts 7-8, he lets go of her with his R arm, keeping held hands, as they both rock back onto their heels, in swing-out position (at arms-length) He may throw his R wrist up.

**Brush-Off** He turns solo 3/4 to his left as she goes around his back clockwise. Return to closed position for the rock step. As he leads her around himself, his L hand wraps around his own neck before letting go.

**Scissors** On count 5, he twists sharply to his left, opening her away to the right, crossing his R over his left, weight on both feet evenly. He slides or jumps into second position (feet apart) on count 4, with weight mostly on his R.

**Charleston Kicks** On count 3, he lifts his R forward to the right side as she swings her L back. This replaces the rock step. On count 7, he kicks his L back as she swings her R forward. This may turn in place CCW.