

The Triplet Polka Quadrille

This is the third figure of "The Triplet", a three-part English quadrille recorded by Charles Durang in his *Fashionable Dancer's Casket*, Philadelphia, 1856. This reconstruction is by Richard Powers.

FORMATION: Couples, in a quadrille formation. Cpl 1 is the top head couple, facing down the hall. Cpl 2 is their opposite. Side couples: Cpl 3 is at the right side of cpl 1 and cpl 4 is opp cpl 3.

Measures

1-4 Introduction Honor partners

CHORUS

1-2 All 4 couples Balance with a Polka step in toward the center of the set, then back.

3-4 Travel with a turning Polka into the couple's place to your right.

Repeat 3 more times until you are back home.

FIGURE 1

1-2 Both head couples advance with one Polka step and a step-hop, half-coupled (side-by-side).

3-4 They retire with the same step.

5-8 Take closed position and do a turning Polka to cross over to the opposite side.

1-8 Head couples repeat the figure.

1-16 Side couples repeat the entire figure.

CHORUS: As before.

FIGURE 2

1-4 Head couple #1 does Redovacka (diagonal polka steps facing but not touching partners) with the lady backing into the center of the set.

5-8 They take closed position and do a turning Polka back to places.

1-8 Side couple #3 does the same.

1-8 Head couple #2 does the same.

1-8 Side couple #4 does the same.

CHORUS: As before.

FIGURE 3

1-4 Both head couples Polka across the inside of the set to the opposite places, rotating only on the first 3 bars (not the 4th), ending with the ladies' backs toward the center of the set.

5-8 Reverse polka home, re-tracing the same half-moon path they traveled.

1-8 Both side couples do the same.

1-8 Head couples repeat.

1-8 Side couples repeat.

CHORUS: As before.

All Polka and disperse.