

NEW CROSS-STEP WALTZ VARIATIONS I

Brief reminders of steps taught by Richard Powers

We quickly reviewed Follower's Solo Ochos. He stops on ct 1 as he leads her into Basic Cross-Steps in place. Or she may do Sweeps, or cross then point open to the side.

LEAD'S "A" STANCE From tango Argentino and salsa, leaders sometimes stop with their feet apart (2nd Position, in the shape of the letter A) as he leads her through cross-steps. He crosses R then immediately stops side L, in one count (or stops on count 2) as he leads her Ochos. To exit, he shifts weight onto his L on count 6, to cross his R on count 1.

BOUNCED OCHOS (from Zachariah Cassady and Linda Townsend) From open 2-hand hold, he leads her second cross-step straight into himself, braces, and "bounces" her away. This works well with the "A" Stance. Then re-directs her toward his left side for a Turning Basic.

BOUNCED OCHOS IN CLOSED WALTZ POSITION On ct.4 of Orbits, as he leads her past his R hip, he stops her on 4, leads her backing, then re-directs her to the other side, which is a normal Turning Basic with her on the outside lane.

INSIDE TURNS Many variations have the follow turning left **into** the frame. It's important that he leads her to turn in on **count 2**, not the more intuitive count 1.

OPEN 2-HAND CHAINED INSIDE AND OUTSIDE TURNS During the first Inside Turn he slips into Open 2-Hand Position. The Chained Inside and Outside Turns are much easier to lead and follow this way. Poss. exit with Open 2-Hand Grapevine Free Spin.

MAGIC WAND If she hasn't done the figure before, he uses his free L hand to help her change directions of her turns. But if she's familiar with the figure, the lightest motion of his L hand alone will suffice, like waving a wand over her hand.

DOUBLE UNWIND FROM CRADLE

He raises his L arm and circles her head on 456. (Note: Not on 1-2-3.) He releases his L then raises his R arm and circles her with that hand on 123. Continue with swinging the inside arms fwd and back, 345 and 123. Follow's Free Spin on 456.

INSIDE TURN CRADLE DIP (from Zachariah and Linda) During the first Inside Turn he slips into Open 2-Hand Position, quietly says, "Dip" when she is facing him on ct 2, dip forward onto inside knee of 4-5-6. Rise on 1-2-3.

CONCLUDING CRADLE DIP from earlier above makes a good concluding dip.

INSIDE TURN or CRADLE DIP INTO DOUBLE UNWIND EXIT Just that.